

GET UP

And Change Your Life

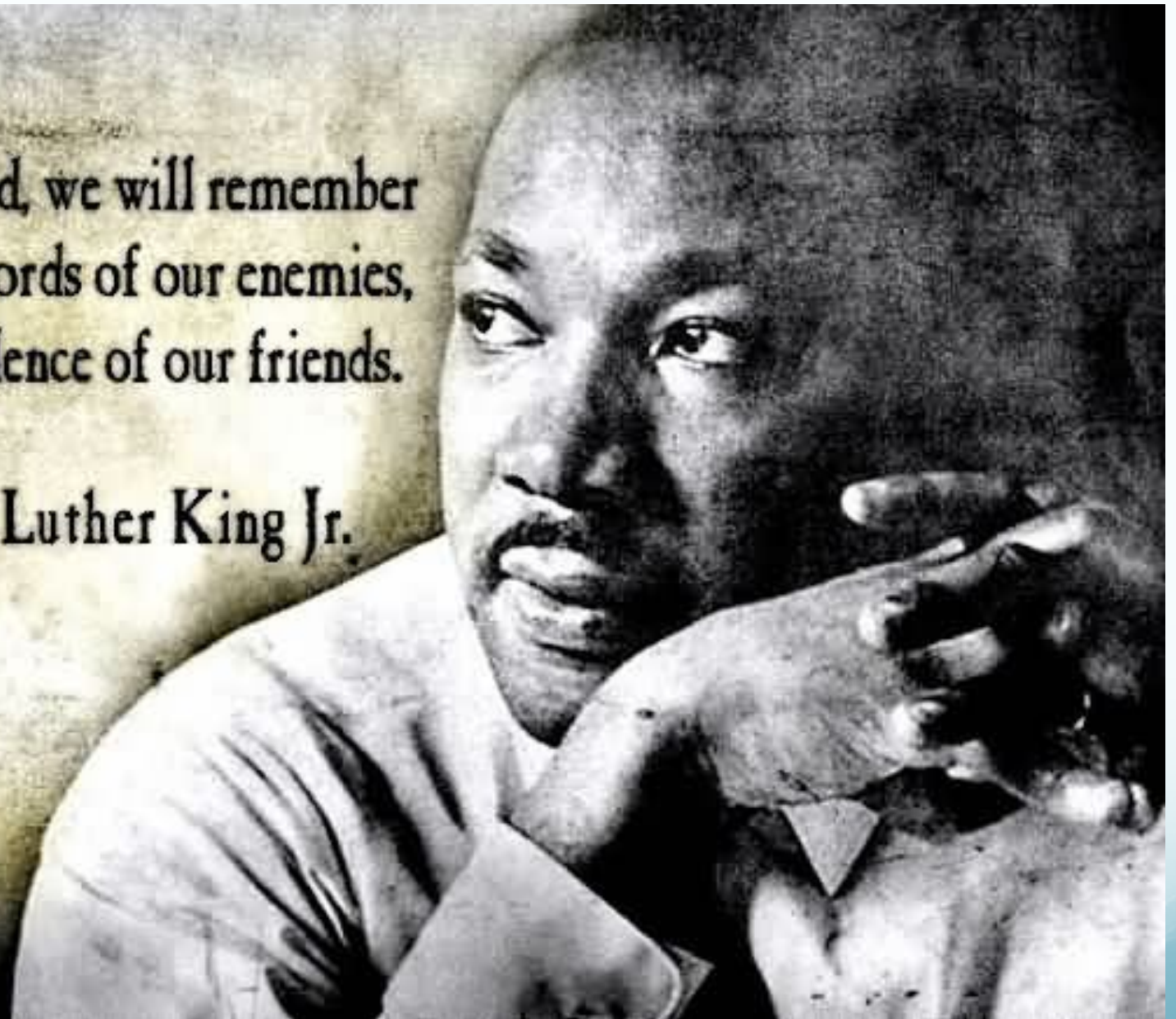
Reality Check

John 16:33 (KJV 1900)

³³ These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world.

"In the end, we will remember
not the words of our enemies,
but the silence of our friends.

-Martin Luther King Jr.



Mark 2:1–3 (NLT)

- ¹ When Jesus returned to Capernaum several days later, the news spread quickly that he was back home. ² Soon the house where he was staying was so packed with visitors that there was no more room, even outside the door. While he was **preaching God's word** to them, ³ four men arrived carrying a paralyzed man on a mat.

The Gospel Should Make You Move!





**YOU DON'T NEED A PULPIT TO PREACH
THE GOSPEL. YOUR EVERYDAY
ACTIONS ARE A SERMON ON THEIR
OWN. PREACH WELL.**

Romans 10:13–14 (NLT)

- ¹³ For “Everyone who calls on the name of the LORD will be saved.” ¹⁴ But how can they call on him to save them unless they believe in him? And how can they believe in him if they have never heard about him? And how can they hear about him unless someone tells them?

Romans 10:15 (NLT)

- ¹⁵ And how will anyone go and tell them without being sent? That is why the Scriptures say, “How beautiful are the **feet** of messengers who bring **good news!**”

Mark 2:4–5 (NLT)

- ⁴ They couldn't bring him to Jesus because of the crowd, so they dug a hole through the roof above his head. Then they lowered the man on his mat, right down in front of Jesus. ⁵ **Seeing their faith**, Jesus said to the paralyzed man, "My child, your sins are forgiven."

Mark 2:9–11 (NIV)

- ⁹ Which is easier: to say to this paralyzed man, ‘Your sins are forgiven,’ or to say, ‘**Get up**, take your mat and walk’? ¹⁰ But I want you to know that the Son of Man has authority on earth to forgive sins.” So he said to the man, ¹¹ “I tell you, **get up**, take your mat and go home.”