

<b>EMERGENCY NUMBERS</b>		
<b>CRISIS CENTER (24hrs.)</b>	1301 Piccard Drive, Rockville	240-777-4000
<b>Child Abuse</b>	24-hour reporting line	240-777-4417
<b>Domestic Violence</b>	National Domestic Violence Hotline	800-799-7233
	Montgomery County Hotline	240-777-4673
	Family Justice Center (in Rockville)	240-773-0440
	JCADA	301-315-8041
<b>Human Trafficking</b>	National Resource Center	888-373-7888
<b>Mental Health Crisis</b>	Crisis Center	240-777-4190
	Mental Health Association Hotline	240-738-2255
	Affiliated Community	301-251-8965
<b>Rape/Sexual Assault</b>	Sexual Assault Crisis Line	240-777-4357
	National Sexual Assault Hotline	800-656-4673
<b>Shelter/Crisis Response</b>		240-777-4000
<b>Non-Emergency Police</b>		301-279-8000
<b>Suicide</b>	go to a local emergency room!	911
	National Suicide Prevention Hotline	800-784-2433

**ALL REQUESTS – Information Hotline** 2-1-1  
Maryland provides a link to community health and human service resources statewide  
24 hours a day, 7 days a week, in over 150 languages. 211

**Adult Education/GED Classes/External High-School Diploma**  
Montgomery College Adult Literacy/GED Program 240-567-8950

**Budgeting/Debt Counseling Resources**  
FDIC Money Matters,  
<https://www.fdic.gov/consumers/consumer/moneysmart/mscbi/mscbi.html>  
Money Management International 866-889-9347

**Burial Assistance**  
*Contact the local DHHS office.* 240-777-4550

**Children's Services**  
Infants and Toddler's Program (support for children ages 0-3) 240-777-3997  
Child Support 800-332-6347  
Child Care Subsidy 240-777-1155

**Clothing**  
Catholic Charities Family Ctr., 12247 Georgia Ave. Silver Spring 301-942-1790 x8100  
Interfaith Clothing Center, 751 Twinbrook Pkwy., Rockville 301-424-3796  
Bethesda Cares 7728 Woodmont Ave 301-907-9244

**Counseling**  
Mental Health Core Services Agency (call for information & referral) 240-777-1400  
1301 Pickard Dr., Rockville

**Counseling (continued)**

Affiliated Sante, 1400 Spring St., Suite 100, Silver Spring 301-589-2303  
Behavioral Health Partners, 604 Solarex Ct., Frederick 301-663-8263 x226  
Rebecca Mullan -Family Counseling [mullan@stjromes.org](mailto:mullan@stjromes.org) 301-927-6684 x13

**Day Program**

Bethesda Cares 7728 Woodmont Ave 301-907-9244  
Interfaith Works Empowerment Center: 8106 Georgia Ave. S.S. 301-585-4471  
Interfaith Works-Wilkins Women's Center: 12250 Wilkins Ave 301-770-2413

**Dental Care**

Catholic Charities' Dental Clinic: Silver Spring, 12247 Georgia Ave. 301-933-0868  
Catholic Charities' Dental Clinic: DC, 1618 Monroe St. NW 202-939-2400  
Catholic Charities' Dental Clinic: PG, 859 Allentown Way, Temple Hill 301-615-0940  
Colesville Dental Clinic, 14105 New Hampshire Ave., Silver Spring 301-384-9795

**Disability Services (supported employment, job training, transportation, etc.)**

Aging and Disability Resource Unit 240-777-3000

**Employment Search Resources**

Arbor ResCare 301-562-8180  
WorkSource Montgomery 11160 Veirs Mill Rd #100, Wheaton 301-929-4350  
Spanish Catholic Center: Gaithersburg, 201 E. Diamond Ave., 3<sup>rd</sup> Floor 301-740-3251  
Spanish Catholic Center: DC, 1618 Monroe St. NW 202-939-2400

**Eye Care**

Exams - Shepherd's Table Clinic, 8219A Colonial Lane, Silver Spring 301-585-6463  
Exams, Glasses, Surgery - Lions Club 301-599-7600  
Glasses - Bethesda Cares, 7728 Woodmont Ave., Bethesda 301-907-9244  
Glasses - Prevention of Blindness, 2216 Rhode Island Ave. NE, DC 202-269-0203

**Food - Groceries**

WIC Hotline (food assistance for women, infants, children) 301-762-9426  
Manna Food Center (several locations, call for info. and referral) 301-424-1130  
SHARE Program, [www.sharedc.org](http://www.sharedc.org) 301-864-3115  
(pay \$21 for \$40-45 of groceries, EBT welcome, local sites in DC and MD)

**Food - Meals**

Bethesda (M-F 12:45-1:45pm, 16<sup>th</sup>-end of month), Christ Lutheran, 8011 Old Georgetown  
Bethesda (Sun 5pm-6pm) Our Lady of Lourdes Catholic Church, 7500 Pearl St.  
Gaithersburg (M-Sat, 3:30-4:30, Sept-June), St. Martin's Catholic, 201 S. Frederick Ave.

**Furniture (call first, you must provide transportation)**

Capitol Heights - Mission of Love, 6180 Old Central Ave. 301-333-4440  
Damascus – Damascus Help 301-253-4100  
Silver Spring - A Wider Circle (referral preferred) 301-608-3504

### **Health Care**

Catholic Charities' Medical Clinic: Silver Spring, 12247 Georgia Ave 301-434-8985  
Catholic Charities' Medical Clinic: DC, 1618 Monroe St. NW 202-939-2400  
Montgomery Cares (care for the uninsured) 240-777-4498  
HIV/STD Test – Dennis Ave. Health, 2000 Denis Ave. Silver Spring 240-777-1760  
Community Clinic- Silver Spring (man and women) 301-585-1250

### **Housing Search Resources/ Strategies**

Victory Housing (Archdiocese of Washington affordable housing) 301-493-6000  
[www.victoryhousing.org](http://www.victoryhousing.org)  
Public Housing, Housing Choice Vouchers 240-627-9400  
In-House Section 8 [www.hocmc.org](http://www.hocmc.org)  
Maryland Housing Search Website, [www.mdhousingsearch.org](http://www.mdhousingsearch.org)

### **Immigrant-Focused Services**

Catholic Charities' Immigration Legal Services. 202-772-4352  
Walk-in Intake (First Come/First Served. (\$80 Consultation fee):  
Tues., 9:30 AM 924 G Street NW, DC  
Wed., 8:30 AM 1618 Monroe St. NW, DC  
Thurs., 8:00 AM 12247 Georgia Ave. Silver Spring (Closed last Thurs. of month)  
Group Talk in Spanish (\$40 fee/consultations in English:  
Wednesdays 12noon 201 East Diamond Ave; 3<sup>rd</sup>. Floor, Gaithersburg

### **Income Support Programs**

DHHS Germantown, 12900 Middlebrook Rd., Germantown 240-777-3420  
DHHS Rockville, 1301 Piccard Dr., Rockville 240-777-4600  
DHHS Silver Spring, 8818 Georgia Ave., Silver Spring 240-777-3075

### **Legal Assistance**

Catholic Charities' Archdiocesan Legal Network (English) 202-350-4305/ 202-772-1201  
Catholic Charities' Archdiocesan Legal Network (en Español) 202-772-4325  
Legal Aid Bureau 301-560-2100  
Bar Foundation Pro-bono 202-424-7651  
Legal Aid 240-314-0373  
Shepherd's Table 301-585-6463

**Library** (internet, computer classes, movies, free children's programs) 240-777-0001  
Rockville Library (main county branch), 21 Maryland Ave., Rockville 240-777-0002

### **Phone**

Assurance Wireless, (free phone with 250 minutes/month) 1-888-898-4888

### **Prison Outreach**

Prison Outreach Ministry (Welcome Home), mentoring program 202-772-4300, x040  
Montgomery County Re-Entry, 11651 Nebel St. Rockville MD 240-773-4211

### **Rental/Mortgage Assistance**

Emergency Mortgage Assistance, [www.mdhope.org](http://www.mdhope.org) 1-877-462-7555  
HUD's Making Home Affordable Program, [www.makinghomeaffordable.gov](http://www.makinghomeaffordable.gov)

### **Pregnancy/Parenting**

Shady Grove Pregnancy Center, 16220 Frederick Rd., Gaithersburg 301-963-6223  
Rockville Pregnancy Center, 12730 Twinbrook Parkway, Rockville 301-770-4444  
Catholic Charities' Sanctuaries for Life Program 301-441-1472, x122  
Gabriel Project 1800-264-3565  
Rachael Program 301-982-2008

### **Senior Citizens**

Aging and Disability Resource Unit 240-777-3000

### **Street Outreach**

People Encouraging People: 255 N. Stonestreet Ave 301-637-6700  
City of Gaithersburg: 1 Wells Avenue 301-258-6390  
Community Vision: 8210 Dixon Ave 301-585-4471

### **Shelter (Emergency) & Homelessness**

**\*\*Contact the Crisis Center first (24 hours/day) \*\***

1301 Piccard Drive, Rockville MD 240-777-4000  
**Men** Bethesda House, 4848 Cordell Ave., Bethesda 301-907-9597  
Carroll House, 2699 Linden Ln., Silver Spring 301-942-1790  
**Women** Laytonsville Havens, 5834 Riggs Rd., Laytonsville 301-762-3363  
Dorothy Day Place, 251 North Stonestreet Ave., Rockville 301-762-8314  
**Family** Stepping Stones, Rockville 301-251-0567  
Baptist Home for Children & Families, Bethesda 301-365-2190 x 126  
Helping Hands, 622 North Homers Ln., Bethesda 301-340-2796

### **Substance Abuse Treatment Programs**

Montgomery County Addiction Services Coordination 240-777-4710

### **Transportation**

Medicaid Transportation 240-777-5890  
Metro Access (for disabled and senior citizens) 301-562-5360  
Call N' Ride (for disabled or persons aged 67+) 301-948-5409  
Senior Connection (rides to doctor for persons aged 62+) 301-962-0820  
Connect-a-Ride (transportation for persons aged 50+) 301-738-3252

### **Utility Assistance**

*Contact the local DHHS office. See "Income Support Programs."*

MEAP (Maryland Energy Assistance Program) 240-777-4450  
EUSP-Electric Universal Services Program 240-777-4450

### **Veterans Support**

WorkSource Montgomery- 11002 Veirs Mill Rd. David Coxe 240-567-5405

### **VITA-Volunteer Income Tax Assistance**

FREE tax preparation services 240-777-1123