

| <b>EMERGENCY NUMBERS</b>     |  | <b>S = Services also provided in Spanish</b> | <b>S = Servicios en Español</b>       |
|------------------------------|--|--|---------------------------------------|
| <b>Child Abuse</b>           | Prince George’s County Child Protection  | <b>S</b>                                     | 301-909-2450                          |
| <b>Family Justice Center</b> | Prince George’s County<br>14757 Main Street, Upper Marlboro, 20772                 | <b>S</b>                                     | 301-780-8008                          |
| <b>Domestic Violence</b>     | Family Crisis Center (shelter and counseling)<br>3601 Taylor Street, Brentwood, MD |  | 301-731-1203                          |
|                              | JCADA  | <b>S</b>                                     | 301-315-8041                          |
|                              | House of Ruth  | <b>S</b>                                     | 240-293-2302                          |
| <b>Human Trafficking</b>     | National Resource Center<br>Thuba Roush, Case Manager Catholic Charities           | <b>S</b>                                     | 888-373-7888<br>202-635-5957          |
| <b>Rape/Sexual Assault</b>   | PG County Hospital Sexual Assault Center<br>3001 Hospital Drive, Cheverly, MD      | <b>S</b>                                     | 301-618-3154                          |
|                              | National Sexual Assault Hotline  | <b>S</b>                                     | 800-656-4673                          |
| <b>Homeless Shelter</b>      | Prince George’s County Shelter Hotline   |  | 301-864-7140<br><b>S</b> 888-731-0999 |
| <b>Suicide</b>               | go to a local emergency room or dial   |  | 911                                   |
|                              | National Suicide Prevention Hotline  | <b>S</b>                                     | 800-784-2433                          |

**ALL REQUESTS – Information Hotline**

**Need Help? Dial 2-1-1**

2-1-1 Maryland provides a link to community health and human service resources statewide 24 hours a day, 7 days a week, in over 150 languages.

**Budgeting/Debt Counseling Resources**

FDIC Money Matters,

<https://www.fdic.gov/consumers/consumer/moneysmart/mscbi/mscbi.html>

Money Management International

**S** 866-889-9347

**Catholic Charities Mona Center:**

5859 Allentown Way, Temple Hills, MD 20748 301-615-0950  
 Health Clinic (T, W, T) (8:00am – 4:00pm) 240-563-1026  
 Dental Clinic (M-F) Time: 8:00am-5:00pm by appointment **S** 301-615-0940  
 Legal Services 202-350-4305  
 Immigration Legal Services 202-772-4353

**Burial Assistance**

Department of Social Services **S** 301-209-5000

**Case Management/Walk-in Social Worker Services**

Child, Adult & Family Social Services, 925 Brightseat Rd., Landover **S** 301-909-2000  
 Community Services, 425 Brightseat Rd., Landover **S** 301-909-6330  
 DSS, Family Investment, 6505 Belcrest Rd., Hyattsville **S** 301-209-5000  
 DSS, Family Investment, 4235 28th Avenue, Temple Hills **S** 301-316-7700

**Children’s Services**

Early Start **S** 240-724-7924  
 PG services for homeless children **S** 301-925-2482  
 Latin American Youth Center, 6200 Sheridan St. Riverdale, MD **S** 301-779-2851

**Clothing**

Sacred Heart Catholic Church, 16501 Annapolis Rd., Bowie 301-262-0704  
 St. Michael Clothes Closet, Brandywine (W, F. 10:00am -1:00pm) 240-681-3551  
 Shabach Clothing Closet, Landover (call; by appointment; T, W, T) 301-322-9593  
 Mission of Love Charities, 6180 Old Central Ave., Capitol Heights **S** 301-333-4440

**Counseling on Mental Services**

National Alliance on Mental Illness 301-429-0970  
 University of Maryland Center for Families 301-405-2273  
 Pro-bono Counseling Project **S** 877-323-5800  
 Prince George’s County Crisis Services **S** 301-429-2185

**Dental Care**

Howard University Dental Clinic, 600 W St. NW, Washington, DC 202-806-0008

**Disability Services (supported employment, job training, etc.)**

Catholic Charities Kennedy Institute, Lanham 301-731-4703 x 301  
 Developmental Disability Administration, Laurel (Funds X disables) **S** 301-362-5100  
 Maryland Disability Law Center, Baltimore **S** 410-727-6352  
 PG Department of Family Services ([www.pgspn.org](http://www.pgspn.org)) 301-265-8400  
 DORS (Division of Rehabilitation Services), Lanham 301-306-3600  
 New Horizons 301-249-0206  
 PG Department of Developmental Disabilities 301-498-2910 301-925-7050

**Food - Groceries**

Food Stamps (SNAP) call Department of Social Services (DSS) **S** 301-209-5000  
 PG County WIC (food for Women, Infants, Children) **S** 301-856-9600  
 FISH of Laurel (Elizabeth House) 240-547-9013  
 PG Food Assistance Program **S** 301-909-6343  
 Bowie Interfaith Pantry and Aid fund 301-262-6765  
 Community Support Systems, Inc. 14070 Brandywine Rd. 20613 301-372-1491  
 Mission of Love Charities, 6180 Old Central Ave., Capitol Heights **S** 301-333-4440  
 Help by Phone (for the nearest food pantry) 301-699-9009  
 SHARE Program, [www.sharedc.org](http://www.sharedc.org) 301-864-3115

**Food - Meals**

Community Café, First United Methodist, 6201 Belcrest Road, Hyattsville 301-927-6133  
 hot meal services: M, T, W, F at 12:30 p.m.  
 St. Jerome, 5207 42<sup>nd</sup> Place, Hyattsville 301-927-6684  
 hot meal on Thursday at 12:30 p.m.  
 Elisabeth House, 308 Gorman Avenue, Laurel 240-547-9013  
 hot meal 6:30 p.m. daily dinner + packed lunch

**Furniture (call first, you must provide transportation)**

Mission of Love Charities, 6180 Old Central Ave., Capitol Heights **S** 301-333-4440  
 A Wider Circle, Silver Spring (providing Furniture and clothing) **S** 301-608-3504

**Health Care**

|  |   |                |
|--|---|----------------|
| Maryland Health Exchange Enrollment                                      | S | 1 855 642-8572 |
| Catholic Charities Medical Clinic (for all under and un-insured persons) |   |                |
| 1618 Monroe St., NW, Washington, DC                                      | S | 202-939-2400   |
| Kaiser Care for Kids Program (information center)                        | S | 301-324-2925   |
| Help by Phone (help with one prescription)                               |   | 301-699-9009   |
| Partnership for Prescription Assistance (www.pparx.org)                  | S | 888-477-2669   |

**Homeless Day Center:**

**PG Plaza Day Center: 6800 Adelphi Rd. Hyattsville MD.** Provides: Laundry, Showers, Free Food, Clothing, a place to rest. (T.T) From 1:00pm – 6:00pm. 301-922-7054

**Housing Search Resources/ Strategies**

Housing search - <http://mdhousingsearch.org/>  
 Victory Housing (an ADW program) [www.victoryhousing.org](http://www.victoryhousing.org) 301-493-6000  
 Check: realtors, Washington Post (Sat & Sun), The Gazette, grocery store bulletin boards, consider sharing with a roommate.

**Identification/Birth Certificates**

Birth Certificates – Vital Records, 425 Brightseat Rd., Hyattsville, MD 301-324-2940

**Immigrant-Focused Services**

Catholic Charities Immigration Legal Services (Temple Hills by Appt.) S 202-772-4352  
 CASA de Maryland, 731 University Blvd. East, Silver Spring S 301-431-4185

**Job Search Resources**

Workforce Services of PG County S 301-618-8425  
 PG One-Stop Career Center, 1801 McCormick Drive, Largo 301-618-8400  
 PG One-Stop Career Center, 312 Marshall Avenue, Suite 504, Laurel 301-362-9714  
 PG County Job Resources for Youth 301-883-6200  
 Maryland employment opportunities: <https://mwejobs.maryland.gov>

**Legal Assistance**

|   |              |   |              |
|---|--------------|---|--------------|
| Catholic Charities Legal Network                          | 202-350-4305 | S | 202-772-4325 |
| Metropolitan Maryland Legal Aid                           |              | S | 888-215-5316 |
| Community Legal Services                                  | 240-391-6395 | S | 240-391-6370 |
| Catholic Charities Immigration                            |              | S | 202-772-4352 |
| CASA de Maryland, 8151 15 <sup>th</sup> Ave., Hyattsville |              | S | 301-431-4185 |

**Library** (internet, computer classes, movies, free children's programs)

6532 Adelphi Rd, Hyattsville (visit or call for another branch information) 301-699-3500

**Phone**

Assurance Wireless, (free phone with 250 minutes/month) S 888-898-4888

**Pregnancy/Parenting**

|   |   |              |
|---|---|--------------|
| Catholic Charities' Sanctuaries for Life Program                  | S | 301-441-1472 |
| Forestville Pregnancy Center, 3611 Branch Ave. Marlow Heights, MD |   | 301-423-0063 |
| Laurel Pregnancy Center, 415 Main Street, Laurel, MD 20707        |   | 301-776-9996 |
| Bowie Crofton Pregnancy Center, 4341 Northview Dr. Bowie, MD      |   | 301-262-1330 |
|   |   | 443-333-8856 |
| Gabriel Network Bowie, 2137 Defense Hwy, Crofton, MD 21114        | S | 800-264-3565 |

**Prince George's County**

Housing for Aging and disabilities Services Division 301-883-5501

**Prison Outreach**

Prison outreach Ministry (Welcome Home), mentoring program 202-772-4300, X040

**Rental/Mortgage Assistance**

|   |              |
|---|--------------|
| Laurel Advocacy and Referral (zip codes 20707, 08, 23, 24)  | 301-776-0442 |
| PG County Eviction Prevention Program   | 301-909-6362 |
| Bowie Interfaith Pantry & Aid Fund, 2614 Kenhill Dr, Bowie (city only)  | 301-262-6765 |
| Community Support Systems, 14070 Brandywine Rd., Brandywine   | 301-372-1491 |
| Salvation Army, 4825 Edmonston Rd. Hyattsville  | 301-277-6103 |
| Bethel House, 6810 Floral Park Rd., Brandywine  | 301-372-1700 |
| U-CAP (United Communities Against Poverty) – rent/utility assistance  | 301-322-5700 |
| 1400 Doewood Lane, Capitol Heights (Shelter, and Food pantry also)  |              |
| Housing Initiative Partnership, (Mortgage) 6525 Belcrest Rd. Hyattsville  | 301-699-3835 |
| Maryland Hope (Mortgage)  | 877-462-7555 |
| HUD's Making Home Affordable Prog. <a href="http://www.makinghomeaffordable.gov">www.makinghomeaffordable.gov</a> | 888-995-4673 |

**Senior Citizens (60+)**

|   |               |
|---|---------------|
| PG County Department of Aging (60-65yrs. Senior Housing)            | 301-265-8450  |
| Catholic Charities' Answers for Aging (Housing)                     | 410-646-0100  |
| Meals on Wheels (Senior only with physical problems, M-F)           | 301-265-8475  |
| Senior Nutrition (Brandywine)                                       | 301-265-8475  |
| Dept. of Housing and Community Development                          | 301- 883-5501 |
| 9400 Peppercorn Place, Landover (apply for senior citizens housing) |               |

**Substance Abuse Treatment Programs**

|   |                               |   |              |
|---|-------------------------------|---|--------------|
| Men, woman  | 3001 Hospital Drive, Cheverly | S | 301-583-5920 |
|   | 9314 Piscataway Road, Clinton |   | 301-856-9400 |
| Irving counseling Institute                                   |                               |   |              |
| Alcoholics Anonymous – Washington Area Intergroup (AA-DC.ORG) |                               |   | 202-966-9115 |
| Hope House, 419 Main Street, Laurel (Drugs & Alcohol)         |                               |   | 301-490-5551 |

**Transportation**

|   |  |  |              |
|---|--|--|--------------|
| Travelers Aid (stranded travelers)                                |  |  |              |
|   | Union Station, 50 Mass Ave. NE, Washington, DC |  | 202-371-1937 |
| Call-A-Bus (for those not served by, or cannot use, metro or bus) |  |  | 301-499-8603 |

**Utility Assistance**

|  |   |               |
|--|---|---------------|
| MEAP (Maryland Energy Assistance Program)          | S | 800-332-6347  |
| Labor of Love (Rent also when funds are available) |   | 301- 735-0121 |

**Veterans Support**

|  |   |               |
|--|---|---------------|
| National Call Center for Homeless Veterans |   | 877-424-3838  |
| Maryland Department of Veterans Affairs    | S | 877-770-4801  |
| Veterans First (Housing Services)          |   | 202- 658-9599 |
| Veterans Crisis Line (Suicide Prevention)  | S | 800-784-2433  |

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