Reid Temple AME Church officers, members, and staff are cognizant and concerned about the safety and well-being of our faith family and community. News of the coronavirus (COVID-19), both locally and globally, has caused fear and anxiety, but the Bible is clear. God has given us a spirit of love, not fear.

Having faith in God who is in control, Reid Temple provides these guidelines informed by the Center for Disease Control (CDC) alert for COVID-19:

1. Avoid close contact with people who are sick.
2. Avoid touching your eyes, nose, and mouth.
3. Stay home when you are sick.
4. If you have flu-like symptoms and a high fever consider going to your physician or urgent care.
5. Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
6. Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
7. Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
8. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if your hands are visibly dirty.

Reid Temple will continue to monitor alerts from the CDC and other governmental agencies as information is disseminated. For now, we ask that you remain calm and be vigilant about your health and hygiene. The CDC latest fact sheet is available at: https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf.

In God’s grip and grace,
Pastor Mark E. Whitlock, Jr.